

Who Should Not Give Blood

You should not give blood if you:

- Have had a tattoo, ear or body piercing within the last 12 months
- Have had a blood transfusion within the last 12 months
- have ever received a dura mater (or brain covering) transplant during head or brain surgery
- have had hepatitis after the age of 11
- Since 1980-1996, have lived in the United Kingdom for a total time that adds up to 3 months, or lived in Europe for a total time that adds up to 5 years
- have taken (snorted) cocaine or any other street drug through your nose in the last 12 months
- have had or been treated for syphilis or gonorrhea or tested positive for syphilis in the last 12 months
- Have ever had Creutzfeldt-Jakob Disease, or if any blood relative (parent, grandparent, sibling, aunt, uncle, or child) has or has had it, or been told that your family is at risk for Creutzfeldt-Jakob Disease
- have received an injection since 1980 of bovine (beef) insulin made from cattle in the United Kingdom
- have had malaria in the past 3 years or have recently traveled to a malarial area
- Have been held in a correctional facility (including jail, prison, or detention center) for more than 72 consecutive hours in the last 12 months
- are not feeling well for any reason
- **Have AIDS or one of its symptoms, including --**
 - Unexplained weight loss (10 pounds or more in less than 2 months)
 - blue or purple spots on or under the skin
 - lumps in your neck, armpits, or groin, lasting longer than one month
 - persistent cough and shortness of breath, or
 - night sweats
 - long-lasting white spots or unusual sores in your mouth
 - diarrhea lasting longer than one month
 - fever higher than 99°F lasting more than 10 days
- **Have done something that puts you at risk for becoming infected with HIV, the virus that causes AIDS. You are at risk for getting infected if you have:**
 - taken illegal or non-prescription drugs by needle, even once
 - tested positive for any AIDS virus
 - taken clotting factor concentrates for a bleeding disorder such as hemophilia
 - been given money or drugs for sex, since 1977
- **Have had a sexual partner who puts you at risk for AIDS infection. This means:**
 - You have had sex in the last 12 months with someone who is at risk for being infected with the AIDS virus (described above)
 - if you are a male, had sex even once with another male since 1977; or within the last 12 months, given a female money or drugs to have sex with you or
 - if you are a female, within the last 12 months, given anyone money or drugs to have sex with you; or had a male sex partner who had sex with another male even once since 1977
 - born in, or lived in, Cameroon, Central African Republic, Chad, Congo, Equatorial Guinea, Gabon, Niger, or Nigeria since 1977.
 - since 1977, received a blood transfusion or medical treatment with a blood product in any of the countries listed above, or
 - had sex with anyone who, since 1977, was born in or lived in any of the countries listed above.

If you have traveled outside of the U.S. in the past year, please contact the Blood Donor Center for eligibility.